

Table 1. Normal basic laboratory values used for exclusion of unhealthy individuals

| Variable | Normal range |
|---|--------------------------------|
| Eritrocyte count | 4.34-5.72 ×10 ¹² /L |
| Leukocyte count | 3.4-9.7 ×10 ⁹ /L |
| Neutrophil granulocytes | 2.06-6.49 ×10 ⁹ /L |
| Lymphocytes | 1.19-3.35 ×10 ⁹ /L |
| Monocytes | 0.12-0.84 ×10 ⁹ /L |
| Eosinophil granulocytes | 0.00-0.43 ×10 ⁹ /L |
| Basophil granulocytes | 0.00-0.06 ×10 ⁹ /L |
| Thrombocyte count | 158-424 ×10 ⁹ /L |
| Hemoglobin | 138-175 g/L |
| Hematocrit | 0.415-0.530 |
| Mean corpuscular volume | 83.0-97.2 fL |
| Mean corpuscular hemoglobin | 27.4-33.9 pg/cell |
| Mean corpuscular hemoglobin concentration | 320-345 g/L |
| Red blood cell distribution width | 9-15 % |
| C-reactive protein | <5 mg/L |
| Sodium | 137-146 mmol/L |
| Potassium | 3.9-5.1 mmol/L |
| Urea | 2.8-8.3 mmol/L |
| Creatinine | 79-125 µmol/L |
| Fasting blood glucose | 4.4-6.4 mmol/L |
| Bilirubin - total | 3-20 µmol/L |
| Alkaline phosphatase | 60-142 U/L |
| Alanine transaminase | 12-48 U/L |

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|---------------------------|-----------|
| Aspartate transaminase | 11-38 U/L |
| Gamma-glutamyltransferase | 11-55 U/L |
| Creatine kinase | 0-177 U/L |
| Lactate dehydrogenase | <240 U/L |