

Supplementary Table 3. Method of purchasing SPA before and after the onset of a pandemic.

Method of purchasing SPA	Before the onset of pandemic	After the onset of pandemic
On prescription	85 (6.1%)	73 (5.2%)
Taken from others	76 (5.4%)	58 (4.1%)
Purchased it myself	32 (2.3%)	29 (2.1%)
Other	29 (2.1%)	22 (1.6%)
Non-medical use, i.e., without prescription (A+B+C)	137 (9.8%)	109 (7.8%)
Didn't use	1181 (84.2%)	1221 (87.0%)