

**Supplementary Table 4.** Mode of taking SPA before and after the onset of a pandemic and earthquake

<b>Mode of taking SPA</b>	<b>Before the onset of pandemic</b>	<b>After the onset of pandemic</b>
Symptomatically, only as needed	175 (12.5%)	147 (10.5%)
Prescribed therapy at a certain time	26 (1.9%)	19 (1.4%)
Other	21 (1.5%)	16 (1.1%)
Didn't use	1181 (84.2%)	1221 (87.0%)