| Supplementary Table 4. Correlation matrix of the practice total score and its subscales. |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total score | F1 | F2 | F3 | F4 | F5 | F6 |
| Total score | 1 |  |  |  |  |  |  |
| F1 | $.46^{* * *}$ | 1 |  |  |  |  |  |
| F2 | $.61^{* * *}$ | $-.16--$ | 1 |  |  |  |  |
| F3 | $.56^{* * *}$ | .02 | $.28^{* * *}$ | 1 |  |  |  |
| F4 | $.48^{* * *}$ | -.02 | $.21^{* * *}$ | $.15^{* *}$ | 1 |  |  |
| F5 | $.19^{* * *}$ | $.10^{*}$ | $.16^{* * *}$ | $.11^{*}$ | $-.11^{*}$ | 1 |  |
| F6 | $.60^{* * *}$ | $-.19^{* * *}$ | $.42^{* * *}$ | $.52^{* *}$ | $.29^{* * *}$ | .04 | 1 |

${ }^{*} \mathrm{p}$ <.05; **p <.01; ***p <. 001

