Supplemental Table 1. Proportion of the sample not meeting the optimal criteria for behavioral risk factors analyzed in the study.

	Total	Sex		Residence		Age Group			NCD status	
Variable	**2,112**	**Women** 1,479	**Men** 633	**Rural** 496	**Urban** 1,616	**18–30** 412	**30–45** 752	**45–65** 948	**No** 1,528	**Yes** 584
BMI (kg/m^2) >= 25 or < 18.5										
No	906 (43)	739 (50)	167 (27)	203 (41)	703 (44)	246 (60)	365 (49)	295 (31)	751 (49)	155 (27)
Yes	1,189 (57)	731 (50)	458 (73)	287 (59)	902 (56)	166 (40)	381 (51)	642 (69)	769 (51)	420 (73)
Waist circ. (larger than half of height)										
No	997 (47)	775 (52)	222 (35)	192 (39)	805 (50)	280 (68)	409 (54)	308 (33)	825 (54)	172 (30)
Yes	1,112 (53)	703 (48)	409 (65)	303 (61)	809 (50)	132 (32)	342 (46)	638 (67)	701 (46)	411 (70)
Physical activity (< 150 min per week)										
No	729 (35)	440 (30)	289 (46)	194 (39)	535 (33)	151 (37)	236 (31)	342 (36)	542 (35)	187 (32)
Yes	1,383 (65)	1,039 (70)	344 (54)	302 (61)	1,081 (67)	261 (63)	516 (69)	606 (64)	986 (65)	397 (68)
Fruit intake (< 400g per day)										
No	307 (15)	204 (14)	103 (16)	87 (18)	220 (14)	53 (13)	99 (13)	155 (16)	209 (14)	98 (17)
Yes	1,805 (85)	1,275 (86)	530 (84)	409 (82)	1,396 (86)	359 (87)	653 (87)	793 (84)	1,319 (86)	486 (83)
Dietary fiber intake (< 30 g per day)										
No	602 (29)	397 (27)	205 (32)	146 (29)	456 (28)	117 (28)	213 (28)	272 (29)	409 (27)	193 (33)
Yes	1,510 (71)	1,082 (73)	428 (68)	350 (71)	1,160 (72)	295 (72)	539 (72)	676 (71)	1,119 (73)	391 (67)
UPFs consumption (> 1/3 of the total diet)										

	Total	Sex		Residence		Age Group			NCD status	
Variable	**2,112**	**Women** 1,479	**Men** 633	**Rural** 496	**Urban** 1,616	**18–30** 412	**30–45** 752	**45–65** 948	**No** 1,528	**Yes** 584
No	1,503 (71)	1,080 (73)	423 (67)	337 (68)	1,166 (72)	216 (52)	527 (70)	760 (80)	1,054 (69)	449 (77)
Yes	609 (29)	399 (27)	210 (33)	159 (32)	450 (28)	196 (48)	225 (30)	188 (20)	474 (31)	135 (23)
Meat intake (> 500g of red meat or > 21g of processed meat per week)										
No	666 (32)	545 (37)	121 (19)	137 (28)	529 (33)	126 (31)	236 (31)	304 (32)	476 (31)	190 (33)
Yes	1,446 (68)	934 (63)	512 (81)	359 (72)	1,087 (67)	286 (69)	516 (69)	644 (68)	1,052 (69)	394 (67)
Salt consumption (> 5g per day)										
No	720 (34)	516 (35)	204 (32)	165 (33)	555 (34)	113 (27)	251 (33)	356 (38)	513 (34)	207 (35)
Yes	1,392 (66)	963 (65)	429 (68)	331 (67)	1,061 (66)	299 (73)	501 (67)	592 (62)	1,015 (66)	377 (65)
Alcohol consumption (> 28 or 14 grams per day in men and women, respectively)										
No	2,068 (98)	1,467 (99)	601 (95)	483 (97)	1,585 (98)	407 (99)	735 (98)	926 (98)	1,496 (98)	572 (98)
Yes	44 (2)	12 (1)	32 (5)	13 (3)	31 (2)	5 (1)	17 (2)	22 (2)	32 (2)	12 (2)
Smoking status (Former or current)										
No	1,207 (57)	878 (59)	329 (52)	274 (55)	933 (58)	250 (61)	458 (61)	499 (53)	921 (60)	286 (49)
Yes	905 (43)	601 (41)	304 (48)	222 (45)	683 (42)	162 (39)	294 (39)	449 (47)	607 (40)	298 (51)
Water intake (< 8 cups per day)										
No	663 (31)	418 (28)	245 (39)	143 (29)	520 (32)	173 (42)	227 (30)	263 (28)	478 (31)	185 (32)

	Total	Sex		Residence		Age Group			NCD status	
Variable	**2,112**	**Women** 1,479	**Men** 633	**Rural** 496	**Urban** 1,616	**18–30** 412	**30–45** 752	**45–65** 948	**No** 1,528	**Yes** 584
Yes	1,449 (69)	1,061 (72)	388 (61)	353 (71)	1,096 (68)	239 (58)	525 (70)	685 (72)	1,050 (69)	399 (68)
Stress management (Medium or Bad)										
No	792 (38)	467 (32)	325 (51)	172 (35)	620 (38)	158 (38)	257 (34)	377 (40)	619 (41)	173 (30)
Yes	1,320 (63)	1,012 (68)	308 (49)	324 (65)	996 (62)	254 (62)	495 (66)	571 (60)	909 (59)	411 (70)
Not managing to sleep well										
No	956 (45)	656 (44)	300 (47)	221 (45)	735 (45)	163 (40)	333 (44)	460 (49)	723 (47)	233 (40)
Yes	1,156 (55)	823 (56)	333 (53)	275 (55)	881 (55)	249 (60)	419 (56)	488 (51)	805 (53)	351 (60)
Socialization (< 3 days/week)										
No	1,901 (90)	1,334 (90)	567 (90)	443 (89)	1,458 (90)	385 (93)	670 (89)	846 (89)	1,385 (91)	516 (88)
Yes	211 (10.0)	145 (9.8)	66 (10)	53 (11)	158 (9.8)	27 (6.6)	82 (11)	102 (11)	143 (9.4)	68 (12)
Sitting time (> 6 hrs per day)										
No	902 (43)	622 (42)	280 (45)	237 (48)	665 (41)	156 (38)	316 (42)	430 (46)	665 (44)	237 (41)
Yes	1,196 (57)	847 (58)	349 (55)	255 (52)	941 (59)	252 (62)	429 (58)	515 (54)	853 (56)	343 (59)

Absolute numbers are shown with percentages in brackets. Percentages were rounded to the nearest integer.