

## HISTORY TAKING SEQUENCE

<p>Presenting Complaint/Principal Symptom (record in patient's own words)</p> <ul style="list-style-type: none"><li>- Use standard format: e.g., 20 y.o. woman presents with 2/7 history of "a sore tummy".</li></ul>
<p>History of Presenting Complaint</p> <ul style="list-style-type: none"><li>- Details of current illness (S- site, O-onset, C-character, R-radiation, A-associated symptoms, T-time, E-exacerbating/relieving factors, S-severity)</li><li>- Details of previous similar episodes</li><li>- Extent of functional disability</li></ul>
<p>Past History</p> <ul style="list-style-type: none"><li>- Past illnesses and operations</li><li>- Medications and allergies</li><li>- Blood transfusions</li><li>- Reproductive history</li></ul>
<p>Social History</p> <ul style="list-style-type: none"><li>- Occupation, education</li><li>- Smoking, alcohol, drugs</li><li>- Overseas travel</li><li>- Marital status, social support, living conditions</li><li>- Exercise, diet</li></ul>
<p>Family History (parents, siblings- significant illnesses if alive, cause of death if deceased)</p>
<p>Systems Review</p> <p>As well as detailed questioning in the system likely to be affected, a quick review of possible important symptoms and disorders in other systems is essential; otherwise important diseases may be missed. When recording the systems review, list important negative answers.</p>
<p>Round up consultation</p> <p>Before completing the history, it is often valuable to ask what the patient thinks is wrong with him or her, and what he/she is most concerned about.</p>