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**Circadian Rhythm
Summer School
(CRSS)**



Evropska unija
"Zajedno do boljitka EU"



EUROPSKI STRUKTURNI
I INVESTIJSKI FONDOWI



Ministarstvo
znanosti,
obrazovanja
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INTRODUCTION

Circadian Rhythm Summer School (CRSS) is developed by a group of professionals with experience in sleep medicine and circadian rhythms, and it is based on the idea to improve basic universities curriculums lacking this approach.

By applying newly acquired knowledge upon completion of the summer school, the participants will help the whole society preventing the modern lifestyle and health consequences of inadequate sleep hygiene and increase the public awareness of this important topic.

SUMMER SCHOOL PROGRAMME

The summer school curriculum “Circadian Rhythm” is organized in five modules in accordance to Catalogue of Knowledge and Skills and designed to have more practical exercise and workshops and less theoretical lectures.

The following modules are included in the summer school curriculum.:

- Introduction to circadian rhythm
- Circadian rhythm and sleep
- Neuroendocrinology of circadian rhythm sleep disorders
- Circadian rhythm sleep disorders
- Circadian rhythm sleep disorders: treatment

IF YOU ARE INTERESTED, HERE ARE SOME MORE INFORMATION:

The Circadian Rhythm Summer School (CRSS) lasts 5 full days and takes place at the University of Split School of Medicine, in Split, Croatia.

At the end of the course you will receive a certificate of attendance.

The enrollment in the Summer School will be open for European countries. For participants from the European universities, the School is accredited with 2 ECTS points.

The Summer School on Circadian Rhythm aims to provide you with the selective set of useful knowledge intended for students and practitioners in sleep medicine and circadian rhythm, as well as provide you with valuable networking opportunities and exchange of knowledge and experience.